

## GDC Bishnah to Organize Indigenous Games event to Promote Drug-Free Lifestyle

Bishnah, May 9, 2026



The Government Degree College Bishnah, through its Nasha Mukta Committee in collaboration with the National Service Scheme (NSS) Wing and Sports Committee, is organizing an Indigenous Games Activity to promote a healthy and drug-free lifestyle among students.

The event aims to revive traditional games and encourage students to engage in constructive recreational activities so that they remain physically active and are not attracted towards harmful drugs and substance abuse.

The programme will feature popular indigenous games such as Stappu, Skipping Rope, Santoliya, kho-Kho and Gilli Danda

The event will witness enthusiastic participation from 40 students of Government Higher Secondary School Bishnah and 17 students of Government Boys Middle School Bishnah and 17 students from Govt Girls middle school along with students of the college.

The Principal of GDC Bishnah appreciated the collaborative efforts of the organizing committees and emphasized the importance of preserving traditional games as an effective means of fostering discipline, teamwork, cultural awareness, and a positive lifestyle among youth.

The college administration has made all necessary arrangements for the smooth conduct of the event, including sports equipment, first-aid facilities, and refreshments.

The programme is expected to serve as an inspiring initiative under the Nasha Mukta campaign, reinforcing the message that active engagement in sports and cultural activities is a powerful tool in building a healthy and drug-free society.

The entire program was organized by NSS program officer Dr Geeta Lakhotra, Convenor of sports committee Dr Sonika Khajuria & Nodal Officer of NMBA Dr. Koushal Kiran under the able guidance of Dr Shallu Samyal Principal of the College. Besides it the faculty of the College supported this initiative and appreciated the students who participated in the local games.